

Nutrition Care Process-Quality Evaluation and Standardization (NCP-QUEST) Audit Tool

<i>Criteria</i>	Initial Assessment	Re-assessment
NA – NUTRITION ASSESSMENT – EVIDENCE – 4 points	Yes=1 No=0	Yes=1 No=0
NA 1. Documents assessment data that is outside of accepted standards, recommendations and/or goals		
NA 2. Uses comparative standards in the NA that are essential to the ND, when applicable		
NA 3. Measurable assessment data provides evidence that a nutrition diagnosis is present		
NA 4. Assessment data is succinct and relevant		
ND - NUTRITION DIAGNOSIS - 4 points		
ND 1. Problem: label of the PES uses standardized terminology (or approved synonym)		
ND 2. Etiology: is the root cause of the ND that a nutrition provider can resolve or mitigate S/Sx		
ND 3. Etiology: in addition to free text etiology, documents the etiology matrix category		
ND 4. S/Sx: provide evidence that the ND exists		
NI – NUTRITION INTERVENTION – 6 points		
NI 1. Each NI has an action consistent with the goals of care		
NI 2. A nutrition prescription is written		
NI 3. Directs NI to resolve the etiology and/or improve the S/Sx		
NI 4. There is at least one NI for each etiology listed in PES		
NI 5. Uses standardized terminology to document NI		
NI 6. Documents a specifies reassessment plan and timeline (i.e., Follow-up in 1 month/discontinuation)		
NM – NUTRITION MONITORING SECTION – 2 points		
NM 1. Uses standardized terminology to document indicators (e.g. weight, glucose, total energy estimate intake in 24 hours) that reflect the S/Sx to monitor upon reassessment		
NM 2. Documents specific criteria for each indicator (e.g., weight less than 250# (113 kg) within 1 month)		
NE – NUTRITION EVALUATION – REASSESSMENT SECTION - 6 points		
NE 1. Restates the ND in the reassessment documentation		
NE 2. Addresses the status of ND using standardized terminology (e.g., resolved/active)		
NE 3. Documents intervention success or barriers to implementation/reasons for delay in the application of each intervention		
NE 4. Reassesses the nutrition indicator/assessment data (e.g., weight) from previous interaction (encounter)		
NE 5. Evaluates the goals (actions of the intervention) established at last visit using standardized terminology (e.g., goal achieved, goal not achieved)		
NE 6. Documents the effectiveness of each NI or modifies NI when there is no evidence that the intervention has been effective		
OVERALL QUALITY ASPECTS – 2 points		
OQ 1. Uses clear language in documentation		
OQ 2. All NCP links are present (when assessment and reassessment notes are available)*		
Total Points (Assessment) (Assessment+Reassessment)	/18	/24
Quality Rating	Initial	Initial plus Reassessment
Level A (high quality)	14-18	19-24
Level B (medium quality)	10-13	13-18
Level C (low quality)	≤9	≤ 12
*Assessment: If ND2, ND4, NI1, NI3 all have 1 point Reassessment: If ND2, ND4, NI1, NI3, NE2 all have 1 point		
Abbreviations: NA-Nutrition Assessment; ND-Nutrition Diagnosis; NI-Nutrition Intervention; NM-Nutrition Monitoring; NE-Nutrition Evaluation; PES-problem/etiology/signs and symptoms; S/Sx-signs and symptoms		

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